

# INTERNATIONAL OPEN INTERNATIONAL OPEN INTERNATIONAL OPEN FULL CONTACT AND LIGHT CONTACT KARATE ALL CATEGORIES

25 &  
26 FEB.  
2023



**NATIONAL INSTITUTE OF JUDO / PARIS 14<sup>TH</sup>**

**MORE INFORMATION**

**[FFKARATE.FR](http://FFKARATE.FR)**



**FÉDÉRATION  
FRANÇAISE  
KARATÉ**

# COMPETITION PROGRAM

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## SATURDAY, FEBRUARY 25 - KARATE LIGHT CONTACT

### 8:15 - REFEREE BRIEFING

### 8:30 - REGISTRATION AND WEIGH-IN

08:30 - 08:45	Male 14-15 years old:	-45kg/ -50kg/ -55kg/ -60kg/ -65kg/ -70kg/ -75kg/
08:45 - 09:00	Female 14-15 years old:	-40kg/ -45kg/ -50kg/ -55kg/ -60kg/ +60kg
09:00 - 09:30	Male 12-13 years old:	-35kg/ -40kg/ -45kg/ -50kg/ -55kg/ -60kg/ +60kg
09:30 - 10:00	Female 12-13 years old:	-35kg/ -40kg/ -45kg/ -50kg/ -55kg/ +55kg
10:00 - 10:15	Male 10-11 years old:	-30kg/ -35kg/ -40kg/ -45kg/ -50kg/ -55kg/ +55kg
10:15 - 10:30	Female 10-11 years old:	-30kg/ -35kg/ -40kg/ -45kg/ -50kg/ +50kg
10:30 - 10:45	Male 8-9 years old:	-30kg/ -35kg/ -40kg/ -45kg/ -50kg/ +50kg
10:45 - 11:00	Female 8-9 years old:	-25kg/ -30kg/ -35kg/ -40kg/ -45kg/ +45kg
11:00 - 11:15	Male over 41:	-60kg/ -68kg / -76kg/ -85kg/ +85kg
11:15 - 11:30	Female over 41:	-50kg/ -60kg/ +60kg

### 9:00 - COMPETITION (ELIMINATIONS & FINALS)

*FINALS AND MEDAL AWARDS WILL TAKE PLACE AT THE END OF EACH CATEGORY*

## SUNDAY, FEBRUARY 26 - KARATE LIGHT CONTACT / KARATE FULL CONTACT

### 8:15 - REFEREE BRIEFING

### 8:30 - REGISTRATION AND WEIGH-IN

8:30 - 8:45	Male Junior:	-55kg/ -60kg/ -65kg/ -70kg/ -75kg/ -80kg/ +80kg
8:45 - 9:00	Female Junior:	-48kg/ -53kg/ -58kg/ -63kg/ -68kg/ +68kg
9:00 - 9:15	Female Senior:	-50kg/ -54kg/ -58kg/ -63kg/ -68kg/ +68kg
9:15 - 9:30	Male Senior:	-56kg/ -60kg/ -64kg
9:30 - 9:45	Male Senior:	-68kg/ -72kg/ -76kg
9:45 - 10:00	Male Senior :	-80kg/ -85kg/ -90/ +90kg

### 9:00 - COMPETITION (ELIMINATIONS)

### 15:00 - FINALS ALL CATEGORIES

*MEDAL AWARDS WILL TAKE PLACE AFTER ALL THE FINALS*



# GENERAL INFORMATION

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## STADIUM & ACCOMODATION

### THE INJ - NATIONAL JUDO INSTITUTE - PARIS 14TH

INJ - Institut National du Judo  
21 avenue de la Porte de Chatillon  
75014 PARIS

### HOTELS & TRANSPORTATION

The stadium and the Headquarters of the Federation are located in the south of Paris, near the Porte d'Orléans (Paris 14th). This neighborhood is easily accessible by metro (line 4), tramway (line 3a) and by car.

You can find below a list of hotels in less than 15-min walking distance :

#### Three-star hotels

- Hotel Ibis Porte d'Orléans (HQ) - 33, rue Barbès - 92120 Montrouge
- Hotel Ibis Paris Alesia Montparnasse - 49, rue des plantes - 75014 Paris
- Hotel Mercure Paris Malakoff Parc des Expositions - 129 avenue Pierre Brossolette - 92240 Malakoff
- Hotel Châtillon Paris Montparnasse - 11, square de Chatillon - 75014 Paris

#### One-star hotel

- Hotel Formule 1 (low cost) - 23, avenue de la Porte de Châtillon - 75014 Paris (directly on the Hall INJ).

## REGISTRATION & CONTACT INFORMATION

### HOW TO REGISTER

Information about registration and the event will be available on the official website of the FFK. You will find below the link to download the program, the registration sheet as well as the official technical rules of the competition:

<https://www.ffkarate.fr/calendrier/open-international-karate-light-contact-pbmcv/>

If you need an invitation letter to apply for a visa, please send us by email an official demand with the details listed below for each member of your delegation:

**Name / Surname / Nationality / Date of Birth / Passport Number / Function in the delegation**

### CONTACT INFORMATION

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