

**LISTE PRINCIPALE DE KATAS DE LA FEDERATION MONDIALE DE KARATE
CADETS JUNIORS ET SENIORS**

| KATAS GOJU-RYU | | | |
|----------------|--------------|---------------|------------|
| 1. SANCHIN | 4. SHISOCHIN | 7. SEIPAI | 10. TENSHO |
| 2. SAIFA | 5. SANSERU | 8. KURURUNFA | |
| 3. SEIYUNCHIN | 6. SEISAN | 9. SUPARIMPEI | |

| KATAS WADO-RYU | | | |
|----------------|-------------|-----------|---------------|
| 1. KUSHANKU | 4. CHINTO | 7. ROHAI | 10. JITTE |
| 2. NAIFANCHI | 5. BASSAI | 8. WANSHU | 11. SUPAIMPEI |
| 3. SEISHAN | 6. NISEISHI | 9. JION | 12. UNSU |
| | | | + ... KUNPU |

| KATAS SHOTOKAN | | | |
|-----------------|-----------------|------------------|------------|
| 1. BASSAI-DAI | 7. TEKKI-SANDAN | 13. SOCHIN | 19. MEIKYO |
| 2. BASSAI-SHO | 8. HANGETSU | 14. NIJUSHIO-SHO | 20. WANKAN |
| 3. KANKU-DAI | 9. JITTE | 15. GOJUSHIO-DAI | 21. JIIN |
| 4. KANKU-SHO | 10. EMPI | 16. GOJUSHIO-SHO | |
| 5. TEKKI-SHODAN | 11. GANKAKU | 17. CHINTE | |
| 6. TEKKI-NIDAN | 12. JION | 18. UNSU | |

| KATAS SHITO-RYU | | | |
|----------------------|-----------------------|-----------------------|--------------------------|
| 1. JITTE | 12. KOSOKUN-SHO | 23. NAIFANCHIN-NIDAN | 34. KURURUNFA |
| 2. JION | 13. KOSOKUN-SHIHO | 24. NAIFANCHIN-SANDAN | 35. SUPARIMPEI |
| 3. JIIN | 14. CHINTO | 25. AOYAGI (SEIRYU) | 36. HAKUCHO |
| 4. MATSUKAZE | 15. CHINTE | 26. JYUROKU | 37. PACHU |
| 5. WANSHU | 16. SEIENCHIN | 27. NIPAPO | 38. HEIKU |
| 6. ROHAI | 17. SOCHIN | 28. SANCHIN | 39. PAIKU |
| 7. BASSAI-DAI | 18. NISEISHI | 29. TENSHO | 40. ANNAN |
| 8. BASSAI-SHO | 19. GOJUSHIO | 30. SEIPAI | 41. ANNANKO |
| 9. TOMARI-BASSAI | 20. UNSU | 31. SANSEIRU | 42. PAPUREN |
| 10. MATSUMURA-BASSAI | 21. SEISAN | 32. SAIFA | 43. CHANT ANYARAKUSHANKU |
| 11. KOSUKUN-DAI | 22. NAIFANCHIN-SHODAN | 33. SHISOCHIN | |