



Competition Programme

45th EUROPEAN KARATE CHAMPIONSHIPS

Friday, 7 th May	
09:00 – 10:00	Weighing Male All Categories
10:00 – 12:00	Elimination and Repechage Kata Individual Male & Female
10:30 – 11:30	Weighing Female All Categories
12:00 – 14:15	Elimination and Repechage Kumite Male -84 kg & +84 kg
14:15 – 16:00	Elimination and Repechage Kumite Female -68 kg & +68 kg
16:00 – 17:30	Elimination and Repechage Kumite Male -75 kg
17:30 – 18:30	Opening Ceremony
Finals	
18:30 – 18:45	Kata individual Male & Female
18:45 – 19:00	Medals Ceremony
19:00 – 19:15	Kumite Male -84 kg & +84 kg
19:15 – 19:30	Medals Ceremony
19:30 – 19:50	Kumite Female -68 kg, +68 kg & Male -75 kg
19:50 – 20:10	Medals Ceremony
Saturday, 8 th May	
10:00 – 12:15	Elimination and Repechage Kumite Male -67 kg & -60 kg
12:15 – 14:15	Elimination and Repechage Kumite Female -61 kg & -55 kg
14:15 – 15:15	Elimination and Repechage Kumite Female -50 kg
15:15 – 16:30	Elimination and Repechage Kata Team Male & Female
Finals	
16:30 – 16:45	Kumite Male -67 kg & -60 kg
16:45 – 17:00	Medals Ceremony
17:00 – 17:20	Kumite Female -61 kg, -55 kg & -50 kg
17:20 – 17:40	Medals Ceremony
17:40 – 18:10	Kata Team Male & Female
18:10 – 18:30	Medals Ceremony
Sunday, 9 th May	
09:00 – 15:30	Elimination & Repechage Kumite Team Male
13:00 – 16:30	Elimination & Repechage Kumite Team Female
Finals	
16:30 – 16:45	Kumite Team Female
16:45 – 17:15	Kumite Team Male
17:15 – 17:35	Medals Ceremony
17:35 – 18:00	Closing Ceremony

Important Note:

Matches for medals (semi-finals, matches for bronze and finals) in Kumite individual male takes 4 minutes and in Kumite individual female 3 minutes.

In Kata team competition male and female Bunkai will be performed in all matches for medals (semi-finals, matches for bronze and finals).